

Mountain Eagle Karate Academy

"Fly Like an Eagle"



Issue 5

April - May 2011

www.mountaineaglekarate.com

Students of the Month

Renshi and Sensei select the students of the month based upon: attendance, attitude, improvement, and hard work.



Eric Chambers (Beginners)



Dashawn Jackson (Intermediate/Advanced)

Tournament Results

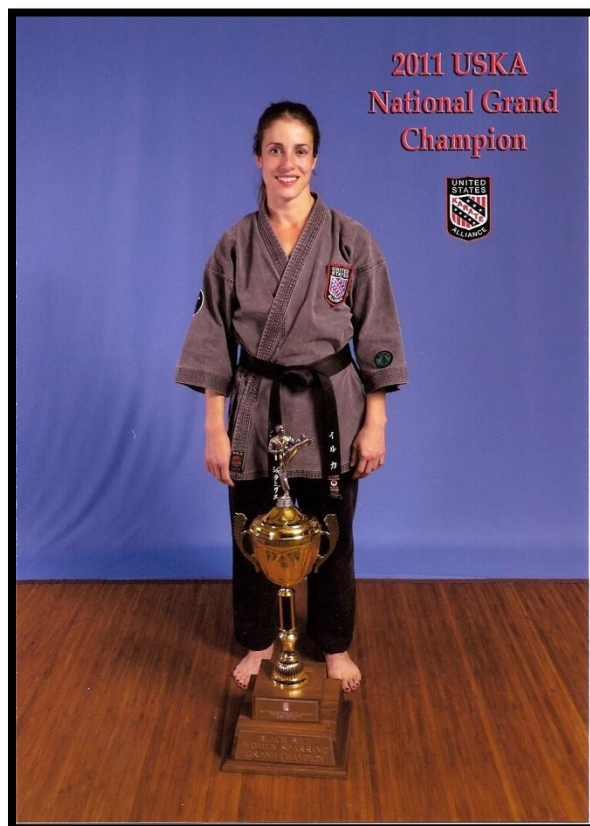
USKA Nationals, Albuquerque, NM - March 24-27

Congratulations to everyone who participated! We are very proud of everyone for giving their best efforts and representing our school with their professional behavior, Thank You!

National Sparring (Kumite) Grand Champion:

Katy Chalamidas

Grand Champion – Black Belt Women
2nd Place Kata, 1st Place Team Sparring



USKA Nationals results continued on next page:

National Champions:

- ❖ Sensei Anna Gorman:
1st Place Kata – Black Belt Women

- ❖ Sempai Bailey Miller:
1st Place Kata – Advanced Youth

- ❖ Max Chalamidas:
1st Place Kata, 2nd Place Sparring – Intermediate Adult

- ❖ Tim Babicke:
1st Place Sparring – Intermediate Adult

Placed:

- Sempai Joan Harris: 2nd Place Kata
- Sempai Ruby Aidun: 2nd Place Kata
- Christy Roybal: 3rd Place Kata, 3rd Place Sparring
- Liz Allen: 4th Place Kata
- Dayton Campbell: 3rd Place Sparring
- Jared Eldridge: 4th Place Sparring
- Davis Wang: 3rd Place Kata

Participated:

- Laura Medina, Dashawn Jackson, Eric Chambers, Ryan Chambers, Josh Chambers, Liam Thome, Madalyn Nilsson, Eric Osmon, Gino Flores, Julia Flores, Isabella Reitz

USKA Colorado State Championships

March 5th (Eagle, CO)

- Gino Flores: 1st sparring
- Julia Flores: 3rd kata, 4th sparring

Dr. Maiga Tournament - February 26th

(Socorro, NM)

- Gino Flores: 1st kata, 1st sparring
- Julia Flores: 2nd kata, 1st sparring
- Liam Thome: 2nd weapons
- Eric Osmon: 2nd kata

Upcoming Events

Seminar with O'Sensei Robert Bowles:

September 17, 2011 is the annual Canon City, CO seminar with O'Sensei Robert Bowles, Grandmaster and head of the Shuri-Ryu Style. Cost is \$100 if pre-registered and \$125 at the door and includes an all-day karate seminar followed by a barbeque dinner hosted by Kyoshi Lon Bradfield. See Sensei Anna for further details.

Upcoming Tournaments in current point year:

- April 16, Las Cruces, NM, USKA Maximum point tournament sponsored by Eli Guzman
- April 30, Eagle Colorado, USKA Maximum point sponsored by James Lee
- May 7, USKA Bushido Open, Albuquerque, NM sponsored by James Hawkes**

Next Point Year:

July 21-24, USKA World Championships, Dallas, TX

See the USKA web site for more information:
<http://www.uska.net/Events.aspx>

Shuri Ryu Corner

There are **Eight (8) Performance Categories:** Kata, Ippons, Taezu Wazas, Kihons, Jiju Kumite (free sparring), Kata Kumite (form sparring), Jiju Undo Kumite (shadow boxing), and Kime Dachi Kumite (focus stance sparring).



Remember: The International Shuri Ryu Association sells books and DVDs to help with your katas and other standards.

See: <http://www.shuri-ryu.com/>

Black Belt Club

Welcome to our new Black Belt Club
Members: **Jacob Lopez, Brendan Clark, Paul Clark, Eric Chambers, Joshua Chambers, Ryan Chambers, Catherine Chambers, and Jerry Walz!!**



Promotions

Students promoted during February and March include:

Black Belt Club Adults

- Max Chalamidas-4th Kyu Purple
- Laura Medina-5th Kyu Green
- John Osmon-6th Kyu Blue
- Rebecca Frock-7th Kyu Yellow
- Kathy Ulrich-7th Kyu Yellow
- Stacy Sonchar -8th Kyu Orange

Young Eagles

- Sergio DelGrande-Blue Striped
- Trenton Vanderhoof-Blue Striped
- Carly Jarocki-Yellow Striped
- Ryan Williams-Orange Striped
- Kyla Lowe-Blue Striped
- Naima Pyarali-Blue Striped
- Trinity Eckstein-Orange Striped
- Maya Chavez-Orange Striped
- Natalia Chavez-Orange Striped
- Maya Bridges-Orange Striped
- Alex Bingham-Orange Striped
- Anthoni Payne-Orange Striped
- Jonathan Higuera-Orange Striped
- Jose Higuera-Orange Striped
- Joaquin Higuera-Orange Striped
- Katelynn Mains-Orange Striped
- Jonathan Cornfield-Orange Striped
- Casmir Rasinski-Orange Striped

- Marek Rasinski-Orange Striped
- Jason Ngo-Orange Striped
- Joshua Finkel-Orange Striped
- Lance Radnich-Orange Striped

Tiny Eagles

- Andy Yuan-Yellow Striped
- Benicio Gutierrez-Yellow Striped
- Devin McMullen-Orange Striped
- AJ Olona-Blue Striped
- Jesse Griego-Blue Striped
- Kayla Sonchar-Yellow Striped
- Patrick Blewett-Orange Striped
- Dylan Briggs-Orange Striped
- Ryan Briggs-Orange Striped
- Preston Adams-Orange Striped
- Bianca Rodriguez-Orange Striped
- ReiAnne Tolson-Orange Striped
- Shane Klock-Orange Striped
- Destyne Tapia-Reynolds-Orange Striped
- Elyce Moran-Orange Striped
- Madajah Baca-Orange Striped

Homeschoolers

- Benjamin Wagner-Yellow Striped
- Johnny Nichols- Yellow Striped
- Jazzy Nichols- Yellow Striped
- Parker Lovesee- Yellow Striped
- Sterling Lovesee- Yellow Striped
- Arlen Lovesee- Yellow Striped
- Michael Hamelin- Yellow Striped
- Slater Areno- Yellow Striped
- Sara Areno- Yellow Striped
- Natalie Kurtz-Orange Striped
- Joel Nielson-Orange Striped
- Brendan-Orange Striped
- Eli Brown-Orange Striped
- Renee Baillie-Orange Striped
- Josh Baillie-Orange Striped

Congratulations! The next testing will be at the end of April.

Safety and Health

Motor vehicle traffic injuries are the leading cause of accidental death in the US and death rates from traffic injuries are highest for people ages 16 - 25.

Drunk drivers cause about 1/3 of fatal accidents. There are more drunk drivers on the road at night and on the weekends. Even if you are a safe driver, you may be the victim of a drunk driver!

Distracted driving also contributes to many auto accidents. Distractions include: changing the radio or CD, conversations with passengers, navigation devices, cell phone conversations, texting, eating, and observing scenery or events outside the car. Even when using hands-free devices, cell phone conversations can cause distraction.

Contact Information

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**O'Sensei Robert Bowles and Mountain Eagle Students
Seminar at USKA Nationals March 27, 2011**

*Back row, from left, Tim Babicke, Jon Allen, Renshi Mark Gorman, Sensei Anna Gorman, Bob Patton, Max Chalamidas, John Osmon, Middle row: Katy Chalamidas, Liz Allen, Dayton Campbell, Ivan Aidun, Laura Medina, Christy Roybal, Front row: Eric Osmon, Ruby Aidun, **O'Sensei Robert Bowles**, Joan Harris*